

WGSS Counselling Team

Counselling Team	WGSS Team Member	Email	BOOKING APPOINTMENTS
Grade 8 A-Z Wednesday to Friday	Ms. Andrea Ruffo	ARuffo@sd35.bc.ca	To book an appt click here
Grade 8 A-Z Monday	Ms. Hilary Balfour	HBalfour@sd35.bc.ca	To book an appt click here
Grade 9-12 A-G Monday to Friday	Ms. Darleen Kifiak	DKifiak@sd35.bc.ca	To book an appt click here
Grade 9-12 H-L Tuesday to Friday	Ms. Rachelle Twemlow	RTwemlow@sd35.bc.ca	To book an appt click here
Grade 9-12 H-L Monday	Mr. Ivan Adrian	IAdrian@sd335.bc.ca	To book an appt click here
Grade 9-12 M-P Mon, Tues, Thurs, Fri	Ms. Donelda Seymour	DSeymour@sd35.bc.ca	To book an appt click here
Grade 9-12 Q-Z Monday to Friday	Ms. Sue Docherty	SDocherty@sd35.bc.ca	To book an appt click here

[Click here](#) to access the resources available on the **Counselling & Careers website**

[Click here](#) for latest Grad News

[Click here](#) for WGSS Course Guide

Please note that if you have an imminent safety concern or require immediate assistance, the following resources are available to students and families:

- **Kids Help Phone** 1-800-668-6868 or connect to #686868
 - **Langley Foundry** 604.546.2700
 - **KUU-US Indigenous Crisis Line** 1-800-558-8717 (toll free)
 - **Health Link** 811
 - **Langley Mental Health** 604.514.2711
 - **BC Mental Health Support Line** 310-6789
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