

**LATTITUDE**  
GLOBAL VOLUNTEERING

The **INTERNATIONAL**  
**GAP YEAR PROVIDER**

# Choose your experience

**15**

**DESTINATIONS  
WORLDWIDE**

ARGENTINA  
AUSTRALIA  
CANADA  
ECUADOR  
GHANA  
GREECE  
GUATEMALA  
JAPAN  
NEW ZEALAND  
POLAND  
PROJECT EUROPE  
SPAIN  
U.K.  
U.S.A.  
VIETNAM

**6**

**ROLES TO  
CHOOSE FROM**

SCHOOL ASSISTANT  
LANGUAGE COACH  
OUTDOOR CAMP ASSISTANT  
TEACHING VOLUNTEER  
MEDICAL ASSISTANT  
COMMUNITY VOLUNTEER



APPLY EARLY  
**FOMO  
ALERT**  
SPACES LIMITED

International volunteering & Gap Year  
placements for 17-25's - since 1972  
[lattitudecanada.org](http://lattitudecanada.org)



# Why LATTITUDE?

Lattitude Global Volunteering is an international youth development organisation with a focus on you, our volunteers! Not everyone takes the same path, and your options should be as unique as you are. We encourage young people like you to explore these options and take on the challenge of becoming a global citizen through volunteering in a community and culture different from your own.

With decades of experience and offices worldwide, Lattitude has supported thousands of young volunteers. Our structured and supported international work experience placements offer real world growth opportunities. For many, this formative experience is followed up by purposeful further study, having gained a tangible understanding of their passions and future pathways.

Placements average six months in duration, with many of our participating countries offering a full-year stay. This timeframe allows for a fuller, more meaningful experience, and greater opportunity to make a positive contribution. Yet, if your schedule is full, we do offer shorter term options, enabling us to offer an experience to suit all situations. Consult the back page chart for duration details.

## SUPPORT BEFORE LEAVING

- Initial interview process to find out about you and what you hope to achieve.
- In-depth matching process ensures you are assigned a placement most suitable to you.
- You'll be assigned a Coordinator to guide you through all preparations, including flights, visas, and briefings.
- Attend a pre-departure briefing, meet fellow volunteers and learn about the exciting prospects ahead.

## SUPPORT WHILE OVERSEAS

- Orientation and in some cases language or teaching skills course on arrival.
- We have paid staff in all our destinations, ensuring you are well supported throughout your placement. Each placement has a "Mentor" to oversee your day to day activities.
- Arrangements are made for your food and accommodation
- We work closely with Embassies and High Commissions to ensure we have up-to-date advice and can respond to provide 24/7 emergency support.

## SUPPORT UPON RETURN

- We recognise the transition back to home life can be a challenge too, so we offer support upon return. Volunteers are invited to debriefing events, and become part of our alumni.
- We love to stay in touch with returned volunteers, and opportunities for paid work or internships are common.
- We are always happy to supply references to our successful volunteers upon return home, to aid applications to higher education/workforce.



# Who COULD YOU BECOME?

Imagine being given the opportunity to experience an exciting new life, in a completely new country, surrounded by new friends and colleagues, being trusted to carry out a meaningful new role. That's what a Latitude Gap Year is all about, discovering the world and stepping outside of everything you know. Be bold! The opportunities that you'll gain are endless.

Be a leader, mentor, tutor or caregiver, as you take on responsible roles as a volunteer staff member at your Latitude "placement". We offer a wide range of role options, and with no experience necessary, there's no need to worry that you don't know how to do the job - that's where we come in.

As an international youth development organisation, we make all the arrangements, and provide the preparation, training, support, food, accommodation and more for you to grow into your role. And you WILL grow as a person.

You'll gain an in-depth understanding of a new country and culture, and gain a new global perspective. You'll become someone with a unique story to tell. And importantly, you will acquire the knowledge and skills necessary to prepare you for continued education, employment and adult life.

## PERSONAL DEVELOPMENT

- Expand your perspective & become more open-minded
- Improve your confidence & decision making skills
- Develop independence, responsibility & maturity

## PREPARE FOR YOUR FUTURE

- Find inspiration and clarity for your future path
- Reinvigorate yourself & take a break from formal education
- Gain valuable work experience and improve employability

## RELATIONSHIP BUILDING

- Meet new people & make new friends
- Improve communication & relationship skills
- Be part of a professional staff
- Make international connections

## LEND A HELPING HAND

- Give back & make a difference in someone else's life
- Contribute to a community
- Provide inspiration to others
- Play your part in creating positive, sustainable change

## CULTURAL AWARENESS

- Become immersed in a new community & culture
- Develop new language skills
- Gain new perspectives on life
- Heighten your understanding of global issues

## GET OUT OF COMFORT ZONE

- Discover & embrace how diverse the world really is
- Fuel your sense of adventure
- Travel off the "beaten path"
- A more "authentic" experience than travelling as a tourist

# Choose YOUR EXPERIENCE

Everyone is looking for a unique experience, which is why we offer a wide variety of volunteer opportunities around the world. Lattitude has placements abroad to suit all walks of life!



## BE A TRUSTED MENTOR

Lattitude **SCHOOL ASSISTANTS** help guide and support children in boarding schools. As well as the day-to-day tasks of running a boarding house, you will get to take on the role of big brother/sister, tutor and all-round inspiration to students. School trips and long holidays a bonus. Full on-the-job training given, kind attitude a must!

**ARGENTINA | AUSTRALIA | CANADA | NEW ZEALAND | UK**



## AWAKEN A SPIRIT OF ADVENTURE

Lattitude **OUTDOOR CAMP ASSISTANTS** give kids the courage to step out of their comfort zones. From rock climbing to raging rivers, from archery to abseiling, you will be supervising youngsters to reach new horizons. Work hard, play hard, within a tight team of international volunteers. Accredited training provided, positive attitude is key!

**AUSTRALIA | CANADA | NEW ZEALAND | UK**



## SHARE YOUR LANGUAGE

As a Lattitude **LANGUAGE COACH**, you'll give students the opportunity to practise conversational English with a native speaker. Working alongside the English faculty in schools and language academies, your emphasis will be on fun – and after all the grammar textbooks, your students will love your lessons!

**ARGENTINA | ECUADOR | GUATEMALA | POLAND | SPAIN | VIETNAM**



## THE GIFT OF EDUCATION

Lattitude **TEACHING VOLUNTEERS** make a real contribution to the lives of young students in under-resourced schools. Working in the Global South, you will rise to the volunteering challenge of helping teach a wide range of subjects creatively. Resilience and adaptability are essential in these roles.

**ECUADOR | GHANA**



## CARE TO MAKE A DIFFERENCE

Lattitude **COMMUNITY VOLUNTEERS** help people live with dignity. From assisting people with special needs to supporting the elderly, these placements attract a strong team of international volunteers who want to help others. These placements ask a lot from you but the sense of accomplishment is exceptional.

**ARGENTINA | CANADA | ECUADOR | GHANA | GUATEMALA | JAPAN | UK | USA**



## GROW YOUR MEDICAL SKILLS

Lattitude **MEDICAL ASSISTANTS** support trained professionals with patient interventions and recovery. From primary care in Ghana to Red Cross hospitals in Japan, you will get the chance to see health care in action, provide assistance in a real-world working environment and learn from the best.

**GHANA | JAPAN**

# Where **WILL YOU GO?**

With amazing destinations right across the globe, Latitude offers highly supported placements to suit a wide range of interests. We have two different types of experience:

## **COUNTRY IMMERSION**

In these programmes, you'll live and volunteer in the same country for the duration of your Latitude placement. This immersive experience can range from 3-12 months, depending on your choice of destination, and is the ultimate way of learning about the world... and yourself!

**ARGENTINA | AUSTRALIA | CANADA | ECUADOR | GHANA | GUATELAMA  
JAPAN | NEW ZEALAND | POLAND | SPAIN | U.K. | U.S.A. | VIETNAM**



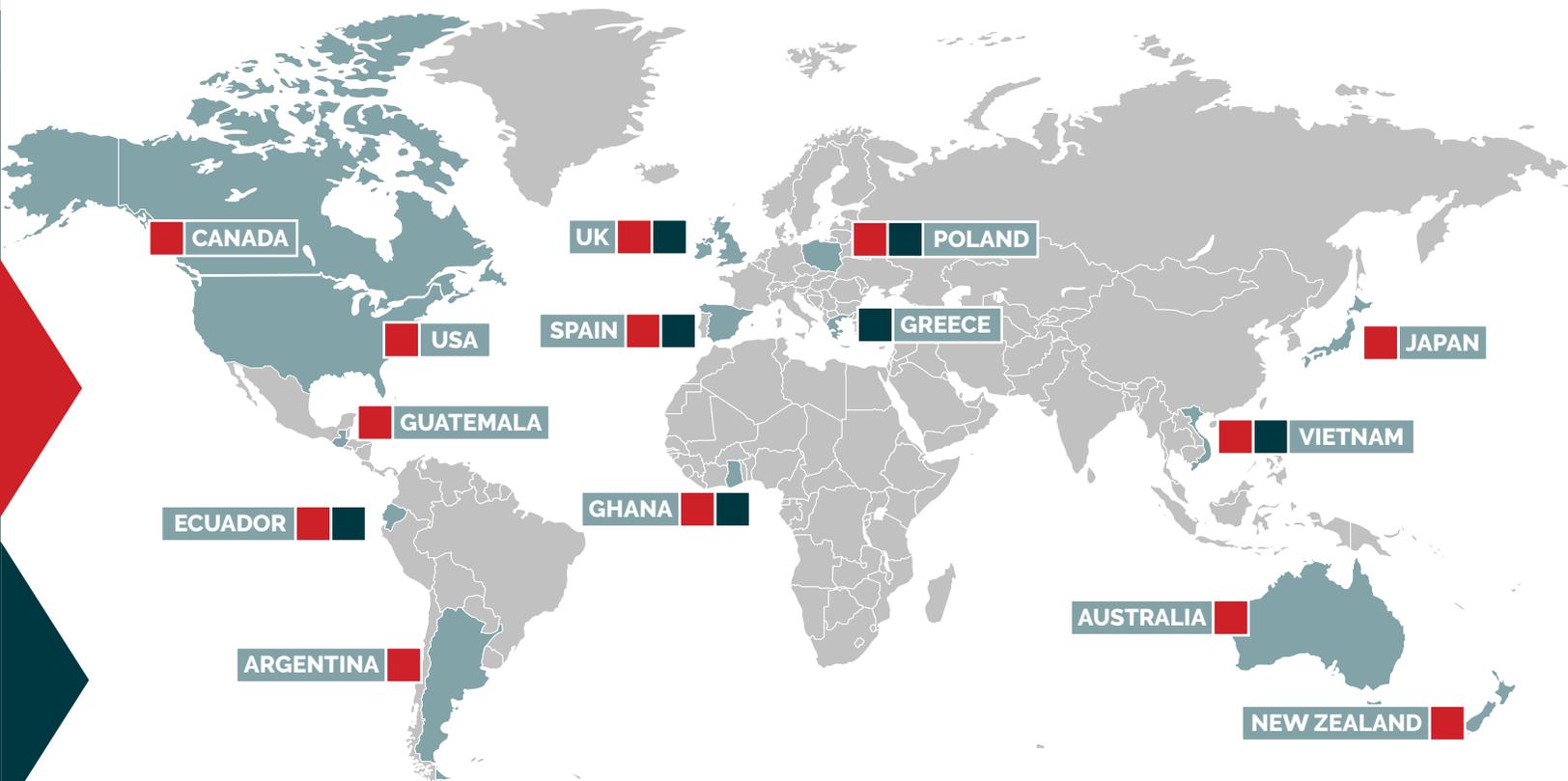
## **ACTION PROJECTS**

Action Projects are available in a number of our destinations, and provide shorter term options for those who are on a tighter schedule, while Project Europe allows you to combine two or more meaningful volunteering projects across a range of European countries.

**SHORTER TERM OPTIONS: ECUADOR | GHANA | GREECE | UK | VIETNAM  
PROJECT EUROPE: POLAND | UK | SPAIN | GREECE**



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- 2
- 3
- 4
- 5



## APPLY

Complete your application online. The application process is easy - just tell us about yourself! You'll need to supply two people to act as your referees, and pay your application fee to get the ball rolling.



## INTERVIEW

Our two-step interview process is how we get to know you better. First you'll speak to our Latitude recruitment team, then with our staff in your preferred destination, so we can match you to a placement that suits you best.



## PREPARE

Once you are accepted, a dedicated coordinator will assist you with all your preparations. They'll guide you through completing required documents, help with organising flights and visas, run comprehensive briefings and more!



## YOU'RE OFF!

With our help, you'll be jumping on a plane, in most cases with a bunch of fellow volunteers. On arrival, you'll attend an Orientation, meet volunteers from our other participating countries and learn more about your adventure ahead.



## ON PLACEMENT

No matter what your role or destination, you'll have a dedicated mentor on hand to help get you settled & trained. We are available 24/7 to support you, and to help you grow into your role while you experience the world around you!



# What TO BUDGET FOR

We pride ourselves on our professionalism, international expertise, and above all, the support we offer our volunteers and their families. As a not-for-profit organization, we aim to keep the costs as low as possible without compromising on the value, quality and safety of every volunteer's experience. The following details reflect Lattitude fees at the time of printing and are subject to change. All prices are in Canadian dollars.

## APPLICATION FEE: \$100

The application fee covers the cost of processing applications and conducting interviews. All applicants are guaranteed an interview.

## LATTITUDE PLACEMENT FEE

**COUNTRY IMMERSION: \$3,945**

**ACTION PROJECTS: Consult website**

The Lattitude placement fee covers your preparation & support prior to departure as well as in-country support while on placement. All Country Immersion destinations incur the same fee, while Action Projects do vary. We encourage you to explore our website for more details.

## WHAT DO MY FEES COVER?

- Comprehensive two-step interview and matching process
- Dedicated Coordinator to support you through pre-departure preparation
- Pre-departure event, briefing materials and guides
- Food and accommodation for the duration of your placement\*
- Volunteer pocket money\*\*
- Health, safety and security briefings
- Assistance with bank accounts, SIM cards etc
- Role specific training with fully comprehensive support network
- 24-hour telephone assistance
- Debriefing session upon return

\* Food and accommodation provided by host in conjunction with Lattitude agreement.

\*\* Pocket money provided by host in conjunction with Lattitude agreement in most developed countries.

## THINGS TO CONSIDER

- Price does not include airfare, travel insurance and visa costs.
- An orientation fee upon arrival covers airport pickup, accommodation, food and training during your first days in-country, and varies for each destination.
- In many cases our placements become cost-neutral over time, with your pocket money, food and accommodation outweighing the fees.
- A Lattitude placement costs less than a year of university in many parts of the world, and is a perfect option for those who haven't yet determined their course of study.



DESTINATION		ROLES AVAILABLE	DEPARTS	DURATION
ARGENTINA	18	Language Coach	Mar or Aug	4.5 months
		Community Volunteer	Mar or Aug	4.5 months
		School Assistant	Mar or Aug	4.5 months
AUSTRALIA	18	School Assistant	Jan or July	6 or 12 months
		Outdoor Camp Assistant	Jan or July	6 or 12 months
CANADA	18	School Assistant	Jan or Sept	12 months
	17*	Outdoor Camp Assistant	Jan, Mar or Apr	6 - 10 months
	18	Community Volunteer	Jan or Sept	12 months
ECUADOR	17	Teaching Volunteer	Feb or Aug	5 months
		Language Coach	Feb or Aug	5 months
		Community Volunteer	Feb or Aug	5 months
		Action Project	Jul or Dec	6 weeks
GHANA	17	Medical Assistant	Feb or Sept	5 - 12 months
		Teaching Volunteer	Feb or Sept	5 - 12 months
		Community Volunteer	Feb or Sept	5 - 12 months
		Action Project	Jul or Dec	6 weeks
GREECE	17	Action Project - Animal Welfare	Year round	2 - 12 weeks
		Action Project - Marine Conservation	Jun - Sept	2 weeks
GUATEMALA	17	Community Volunteer	Feb or Aug	3 - 6
		Language Coach	Feb or Aug	3 - 6
JAPAN	18 ¶	Community Volunteer	Mar or Sept	6 months
		Medical Assistant	Mar or Sept	6 months
NEW ZEALAND	17*	School Assistant	Jan or July	6 or 11 months
		Outdoor Camp Assistant	August	8 months
POLAND	17	Language Coach	Feb or Sept	5 or 10 months
PROJECT EUROPE	17	Project Europe	Flexible	Up to 12 weeks
SPAIN	18 #	Language Coach	Jan or Sept	3 or 6 months
UK	17*	School Assistant	Jan or Sept	11 - 12 months
	17*	Outdoor Camp Assistant	Jan, Feb or Sept	6 - 12 months
	18	Community Volunteer	Jan, Feb or Sept	6 - 12 months
	17	Revitalise Action Project	Year round	2 - 52 weeks
	18	Primary School Action Project	Jan, Apr or Sept	6 or 12 weeks
	18	Scotland Community Action Project	Feb, Jun or Sept	3 months
USA	18	Community Volunteer	Jan or Aug	6 - 12 months
VIETNAM	18	Language Coach	Feb, May or Aug	3 months
		Action Project	Dec	6 weeks

\* The minimum age for School Assistants & Outdoor Camp Assistants in UK and New Zealand is 18, as are many of our Outdoor Camp Assistant roles in Canada. However, in some cases we will accept volunteers who will turn 18 within 3 months of departure.

# Spain: applicants must be 18 at least 3 months prior to scheduled departure to apply for visa (if not travelling on an EU passport).

¶ Japan: Unavailable to US applicants due to visa restrictions.

Departure months are estimates based on previous years, but are subject to change. Exact dates will be released when secured. Durations are based on approximate placement length. In many cases, volunteers are able to stay in-country longer, subject to visa requirements. Information in this brochure is current at time of printing. Please check website for up to date details and pricing.

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