

Community Counselling Resources in Langley

- 1. Langley Child & Youth Mental Health (CYMH) 604.514.2711**
20434 – 64th Avenue, Langley
 - Parent/Guardian should accompany teen to appointment. Clients need to have their medical card.
 - This service is for moderate to high mental health issues.
 - After the intake, a decision is made about future services/counselling
 - Medical doctors can make priority referrals

Please note: *Please take teen to a hospital emergency department if there is a crisis.*
- 2. Langley Community Services Society (LCSS) 604.534.7921**
5339 – 207 Street Langley www.lcss.ca
 - Government agency which offers free or low-cost programs for families
 - Family/individual counselling; parent support, substance use services; settlement and integration support
 - Substance use services
- 3. Langley Youth & Family Services (LYFS) 604.514.2900**
5569 – 204 Street Langley www.lyfs.ca
 - Early intervention/prevention counselling for youth and their families for at-risk or behavior problems
 - Referrals from school counsellors, physicians, RCMP, and community partners
- 4. Encompass Support Services 604.534.2171**
20618 Eastleigh Crescent, Langley www.aldergrovens.com
 - Youth programs include one and one and group support, emotional coping strategies
 - Family mediation and reunification; parenting skills and support
 - Sexual Assault Support (for youth under 19)
- 5. Langley Youth Hub 604.546.1130**
6275 – 203 Street, Langley www.langleyyouthhub.com
 - Provides for the basic needs of youth such as food, showers, laundry, and toiletries
 - Team of professionals who can provide services such as medical care, substance use counselling and harm reduction programs, mental health counselling, employment and housing support, and life skills training
 - Friends of Dorothy (FoD) group offers a safe and non-judgmental space for youth who are LGBTQ2S+; email tmeuser@encompass-supports.com, or call/text Todd at 778-980-2119
- 6. Langley Hospice Society..... 604.534.1115**
20660 – 48 Avenue Langley <http://langleyhospice.com/>
 - Provides emotional and social support for individuals and families who have experience loss through death or support for family and friends of someone with a terminal illness
 - Grief support through one-on-one or group counselling; summer camps for teens
- 7. Foundry's Virtual Services 1-833-308-6379**
<https://foundrybc.ca/virtual/>
 - Foundry offers same-day youth peer support and counselling to youth (ages 12-24), health and wellness resources, services and supports – online and through integrated service centres, Monday-Thursday from 2:00 – 6:00 pm
 - To access Foundry's provincial virtual services, please download the Foundry BC app on [Apple Store](#) and [Google Play](#) or access the [web portal](#)

Counselling Therapist in the Langley Area

<u>Alison Bell & Associates</u>	alisonbellcounselling.com/	604.372.1545
• #304 5446 152 St, Surrey		
<u>Fraser River Counselling</u>	fraserrivercounselling.ca/langley-site	604.513.2113
• 7600 Glover Road, Langley		
<u>Hope Family Clinic</u>	familyhopeclinic.com/	604.510.4673
• 202, 19292 60 th Avenue, Surrey		
<u>Moving Forward Family Services</u>	mffs.ca/request-counselling/	877.485.5025
• 101, 12827 76 th Avenue, Surrey		
<i>*For clients with low incomes and without coverage</i>		
<u>Shoreline Counselling</u>	shorelinecounselling.ca/	604.371.4145
• 301, 23189 Francis Avenue, Fort Langley		
<u>Thrive Life Counselling & Wellness</u>	thrive-life.ca/	778.239.2962
• 210, 9220 Glover Rd, Fort Langley		
<u>Counsellors</u>		
Darcy Bailey & Associates	darcybaileycounselling.com	604.533.9163
Sharon Cooper, MA	oakhill.ca (Abbotsford)	604-850.3774
Fred West Counselling & Consulting	westcounselling.com	604.512.8725
Jim Smith, MA	Private Practice (Langley)	778.552.3050
Bonnie Mason & Associates	bonniemasoncounselling.ca (South Surrey)	604.536.0733
Dr. Karianne Axford & Associates	draxfordandassociates.com (Langley)	604.309.0268
Nancy B. Matechuk	bedfordcounsellingandmediation.com	778.837.9639
Registered Clinical Counsellors of BC	bc-counsellors.org	1.800.909.6303
• Search for therapist		
Kelty Mental Health Resource Centre	keltymentalhealth.ca	604.875.2084
• Resources for parents of students with mental health challenges		
• Family Smart - familysmart.ca – Parent & Youth in Residence with lived experience with mental health concerns who are willing to be consulted		
Swingle Clinic (Vancouver)	swingleclinic.com	604.608.0444
• Treat ADHD, depression, anxiety, and insomnia as well as PTSD, epilepsy, stroke, brain injury and fibromyalgia through clinical psychoneurophysiology (biological approach)		
<u>Options for Psych-Ed Testing:</u>		
ABLE Developmental Clinic (Surrey)	ableclinic.ca	604.584.3450
Hotz Consultants (Vancouver)	hotzconsultants.com	604.873.0013
UBC Psycho-Ed Research Centre (UBC)	prtc.educ.ubc.ca	604.822.1364
Wishing Star Clinic (Surrey)	lapointepsychology.com	778.294.8732