

## Community Counselling Resources in Langley

- 1. Langley Child & Youth Mental Health (CYMH) ..... 604.514.2711**  
20434 – 64th Avenue, Langley
  - Parent/Guardian should accompany teen to appointment. Clients need to have their medical card.
  - This service is for moderate to high mental health issues.
  - After the intake, a decision is made about future services/counselling
  - Medical doctors can make priority referrals

**Please note:** *Please take teen to a hospital emergency department if there is a crisis.*
- 2. Langley Community Services Society (LCSS) ..... 604.534.7921**  
5339 – 207 Street Langley [www.lcss.ca](http://www.lcss.ca)
  - Government agency which offers free or low-cost programs for families
  - Family/individual counselling; parent support, substance use services; settlement and integration support
  - Substance use services
- 3. Langley Youth & Family Services (LYFS) ..... 604.514.2900**  
5569 – 204 Street Langley [www.lyfs.ca](http://www.lyfs.ca)
  - Early intervention/prevention counselling for youth and their families for at-risk or behavior problems
  - Referrals from school counsellors, physicians, RCMP, and community partners
- 4. Encompass Support Services ..... 604.534.2171**  
20618 Eastleigh Crescent, Langley [www.encompass-supports.com](http://www.encompass-supports.com)
  - Youth programs include one and one and group support, emotional coping strategies
  - Family mediation and reunification; parenting skills and support
  - Sexual Assault Support (for youth under 19)
  - Friends of Dorothy (FoD) group offers a safe and non-judgmental space for youth who are LGBTQ2S+; email [cschneider@encompass-supports.com](mailto:cschneider@encompass-supports.com), or call/text Carly at 604-866-8938
- 5. Langley Youth Hub ..... 604.546.1130**  
6275 – 203 Street, Langley [www.langleyyouthhub.com](http://www.langleyyouthhub.com)
  - Provides for the basic needs of youth such as food, showers, laundry, and toiletries
  - Team of professionals who can provide services such as medical care, substance use counselling and harm reduction programs, mental health counselling, employment and housing support, and life skills training
- 6. Langley Hospice Society..... 604.530.1115**  
20660 – 48 Avenue Langley <http://langleyhospice.com/>
  - Provides emotional and social support for individuals and families who have experience loss through death or support for family and friends of someone with a terminal illness
  - Grief support through one-on-one or group counselling; summer camps for teens
- 7. Foundry's Virtual Services ..... 1-833-308-6379**  
<https://foundrybc.ca/virtual/>
  - Foundry offers same-day youth peer support and counselling to youth (ages 12-24), health and wellness resources, services and supports – online and through integrated service centres, Monday-Thursday from 2:00 – 6:00 pm
  - To access Foundry's provincial virtual services, please download the Foundry BC app on Apple Store and Google Play or access the web portal Counselling Therapist in the Langley Area

## Counselling Therapists in the Langley Area

<b><u>Alison Bell &amp; Associates</u></b> • 304 - 5446 152 Street, Surrey	<i>alisonbellcounselling.com/</i>	604.372.1545
<b><u>Fraser River Counselling</u></b> • 22500 University Drive, Langley	<i>fraserrivercounselling.ca/langley-site</i>	604.513.2113
<b><u>Family Hope Clinic</u></b> • 202 - 19292 60th Avenue, Surrey	<i>familyhopeclinic.com/</i>	604.510.4673
<b><u>Moving Forward Family Services</u></b> • 101 - 12827 76th Avenue, Surrey <i>*For clients with low incomes and without coverage</i>	<i>movingforward.help/</i>	1.877.485.5025
<b><u>Shoreline Counselling</u></b> • 301 - 23189 Francis Avenue, Fort Langley	<i>shorelinecounselling.ca/</i>	604.371.4145
<b><u>Thrive Life Counselling &amp; Wellness</u></b> • 210 - 9220 Glover Rd, Fort Langley	<i>thrive-life.ca/</i>	778.239.2962
<b><u>Lavender Counselling</u></b> • 8047 199 Street, Langley	<i>lavendercounselling.com</i>	604.455-8399
<b><u>Counsellors</u></b>		
Darcy Bailey & Associates	<i>darcybaileycounselling.com</i>	604.533.9163
Sharon Cooper, MA ( <i>Abbotsford</i> )	<i>oakhill.ca</i>	604-850.3774
Fred West Counselling & Consulting	<i>westcounselling.com</i>	604.512.8725
Bonnie Mason & Associates ( <i>South Surrey</i> )	<i>bonniemasoncounselling.ca</i>	604.536.0733
Dr. Karianne Axford & Associates ( <i>Langley</i> )	<i>draxfordandassociates.com</i>	604.309.0268
Nancy B. Matechuk	<i>bedfordcounsellingandmediation.com</i>	778.837.9639
<b><u>Registered Clinical Counsellors of BC</u></b> • Search for therapist	<i>bc-counsellors.org</i>	1.800.909.6303
<b><u>Kelty Mental Health Resource Centre</u></b> • Resources for parents of students with mental health challenges	<i>keltymentalhealth.ca</i>	604.875.2084
<b><u>Family Smart</u></b> • Parent & Youth in Residence with lived experience with mental health concerns who are willing to be consulted	<i>familysmart.ca</i>	1.855.887.8004
<b><u>Swingle Clinic (Vancouver)</u></b> • Treat ADHD, depression, anxiety, and insomnia as well as PTSD, epilepsy, stroke, brain injury and fibromyalgia through clinical psychoneurophysiology (biological approach)	<i>swingleclinic.com</i>	604.608.0444
<b><u>Options for Psych-Ed Testing:</u></b>		
<b><u>ABLE Developmental Clinic (Surrey)</u></b>	<i>ableclinic.ca</i>	604.584.3450
<b><u>Hotz Consultants (Vancouver)</u></b>	<i>hotzconsultants.com</i>	604.873.0013
<b><u>UBC Psych-Ed Research Centre (UBC)</u></b>	<i>prtc-educ.sites.olt.ubc.ca</i>	604.822.1364
<b><u>Wishing Star Clinic (Surrey)</u></b>	<i>lapointepsychology.com</i>	778.294.8732